

## FAMILY CAMP MENU 2007

BREAKFAST: (Daily) includes a selection of hot items: bacon, sausage, French toast, banana pancakes, oatmeal, etc. Also available: 'made to order' breakfast, including omelets. A selection of fresh fruit, yogurts and cereal will also be available on the breakfast bar.



### Monday

LUNCH: Chicken Wraps (Veggie option: Portobello mushroom wraps)  
Potato chips  
Salad bar  
Carrot Cake

DINNER: Lasagna or Vegetarian Lasagna  
Italian Veggies  
Garlic Bread  
Warm Apple Cobbler with vanilla ice cream

### Tuesday

LUNCH: Deli Bar: selection of salads and sandwiches

DINNER: Adult Candlelit Dinner:  
Crab Stuffed Haddock with Lemon garlic sauce  
Steamed Asparagus  
Island rice  
Salad Bar  
Profiteroles with French vanilla ice cream and chocolate ganache  
Children: Pizza Party!

### Wednesday

LUNCH: Cookout at the Beach!  
Hotdogs and hamburgers (Veggie option: Veggie Burgers)  
All the trimmings  
Ice cream bars & watermelon slices

DINNER: Roasted Pesto encrusted Pork Loin, stuffed with seasonal fruit and a wild cherry demi-glaze. (Veggie option: Stuffed Zucchini)  
Roasted root vegetables  
Parmesan Risotto  
Salad Bar  
Apple/Blueberry Cobbler

### Thursday

LUNCH: Make your own BLT (Veggie option: Grilled Tofu)  
Salad Bar  
Fresh chocolate chip and oatmeal cookies

DINNER: Oven Roasted Chicken (Veggie option: Curried Vegetable Medley)  
Baby new potatoes  
Green beans  
Salad Bar  
Fruit Punch Sangria

### Friday

LUNCH: Pasta Bar  
Salad Bar  
Mud Pies: Vanilla cupcake with warm chocolate sauce...an Arcadia tradition!!!

DINNER: GALA DINNER!  
Crudite  
Cheese board  
Steamed Maine Lobster  
or Grilled Ribeye Steak  
or Grilled Lemon Chicken  
Vegetarian option: Vegetable Napoleon  
Corn on the Cob  
Baked Potato  
Strawberry Shortcake

